



**2010 Connecticut Speedskating Camp**  
August 27-29, 2010  
Trinity College  
Koeppel Community Sports Center in Hartford, CT

Featuring  
**Paul Marchese**, Head Coach  
Saratoga Winter Club

The camp will cover on ice and off ice technique training for skaters as well as preparation for the 2010 competition season.

All levels of skaters are encouraged to attend

**Locations & Details**

**Ice Rink:**

Koeppel Community Sports Center  
300 Summit St  
Hartford, CT 06106

**Camp Fees:** \$160.00 per person  
\$145 per MASA Member

Applications will be accepted beginning **July 15, 2010**. Please mail the application and attached completed Waiver and Release form:

Mikel Brigley  
245 Unquowa Rd, Unit 82  
Fairfield CT, 06824  
(413) 687-7191  
mbrigley@gmail.com

Make checks payable to **CT Speedskating**



## Skater Profile

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Please include your best 500m time

500m \_\_\_\_\_ Years of speedskating experience \_\_\_\_\_

Name (Last, First, Middle Initial):

\_\_\_\_\_

US Speedskating Number: \_\_\_\_\_; date of expiration \_\_\_\_\_

MASA Number \_\_\_\_\_

Street Address:

\_\_\_\_\_

City/State/Zip:

\_\_\_\_\_

E-Mail address:

\_\_\_\_\_

Date of Birth: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Emergency Contact

(Name/Phone): \_\_\_\_\_

**\*Please Note:** Detailed Scheduling will be forwarded as itinerary is confirmed

## WAIVER & RELEASE

THIS FORM MUST BE READ AND SIGNED BEFORE PARTICIPANT IS PERMITTED TO TAKE PART IN THE Connecticut Speedskating Camp, August 27, 28, 29 2010, at the Koeppel Community Sports Center in Hartford, CT, 300 Summit St., Hartford, CT 06106  
BY SIGNING THIS AGREEMENT, THE PARTICIPANT AFFIRMS HAVING READ IT.

IN CONSIDERATION of my involvement in the sport and activities under the auspices of U.S. Speedskating, and the MASA Speedskating Association, I acknowledge, appreciate and agree that:

1. I RISK BODILY INJURY, INCLUDING PARALYSIS, DISMEMBERMENT, DISABILITY AND DEATH, AND while particular rules of my sport, equipment, and personal training and discipline may reduce this risk, THIS RISK OF INJURY DOES EXIST, AS WELL AS THE RISK OF DAMAGE TO OR LOSS OF PROPERTY;
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERS;
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual or unnecessary hazard during my presence or participation, I will bring such to the attention of the nearest official; and,
4. I FOR MYSELF, AND ON BEHALF OF MY HEIRS, ASSIGNS, PERSONAL REPRESENTATIVES AND NEXT OF KIN, HEREBY RELEASE, HOLD HARMLESS, AND PROMISE NOT TO SUE U.S. SPEEDSKATING, THE MASA SPEEDSKATING ASSOCIATION, THE CONNECTICUT SPEEDSKATING CLUB, THE KOEPEL COMMUNITY SPORTS CENTER, AND/OR OTHER SPONSORING ORGANIZATIONS, THEIR OFFICERS, COACHES, VOLUNTEERS, STAFF, SPONSORS AND/OR AGENTS, ("RELEASEES") WITH RESPECT TO ANY AND ALL INJURY AND LOSS ARISING FROM MY PARTICIPATION, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, EXCEPT THAT WHICH IS THE RESULT OF GROSS NEGLIGENCE OR WANTON MISCONDUCT.

I have read this Release of Liability and Waiver Agreement, fully understand its terms and sign it freely and voluntarily.

Participant's Signature \_\_\_\_\_

Participant's Name (Printed) \_\_\_\_\_ Date \_\_\_\_\_

FOR PARTICIPANTS OF MINORITY AGE (Under Age 18 at the time of registration)

This is to certify that I/we as parent(s)/guardian(s) with legal responsibility for this participant, do consent and agree not only to his/her release, but also for myself/ourselves, and my/our heirs, assigns and next of kin to release and indemnify the Releasees from any and all Liability incident to my/our minor child's involvement as stated above.

Parent/Legal Guardian Signature \_\_\_\_\_

Parent/Legal Guardian name (Printed) \_\_\_\_\_ Date \_\_\_\_\_

## Area Information and Housing

### Directions to the Koepfel Community Sports Center

(<http://www.trincoll.edu/StudentLife/athletics/CSC/default.htm>)

- **From the West:** Take I-84 east to exit 48, Capitol Avenue. At the traffic light at the end of the exit ramp turn left. Go to the first traffic light (at Washington Street) and turn right. Proceed straight ahead on Washington Street for 8 traffic lights (total of 1.1 miles), passing hospital complex on left. At 8th light, turn right onto New Britain Avenue. Go 0.3 miles to the next traffic light at Broad Street. Go through the light and the Koepfel Community Sports Center will be on your left.
- **From the East:** Take I-84 west to exit 48, Asylum Avenue. At the end of the exit, turn left onto Asylum Street. Staying in the right hand lane, follow the roadway to the right, Bear right through the brownstone arch onto Trinity Street. Staying in the left lane, go to the second stoplight. Turn left onto Washington Street. Proceed straight ahead on Washington Street for 8 traffic lights (total of 1.1 miles), passing hospital complex on left. At 8th light, turn right onto New Britain Avenue. Go 0.3 miles to the next traffic light at Broad Street. Go through the light and the Koepfel Community Sports Center will be on your left.
- **From the North:** Take I-91 north to I-84 west, then follow the directions "From the east."
- **Points South:** Take I-91 south to I-84 west, then follow the directions "From the east."

### Hotels Near the Rink

Holiday Inn Express  
185 Brainard Road  
Hartford, CT 06114  
(860) 525-1000

Holiday Inn Express  
440 Asylum Avenue  
Hartford  
(860) 246-9900

Homewood Suites by Hilton  
65 Glastonbury Blvd  
Glastonbury  
(860) 659-1025

West Hartford Inn  
900 Farmington Avenue  
West Hartford  
860-236-3221



Connecticut  
speedskating